

## FROM BUMMER TO BOOSTER EFFECTIVE TEAM-PLAYING TO ACHIEVE YOUR GOALS

Positively transform the way you manage relationships, and approach challenges in the workplace.

In just two days, you will become enthusiastic about building positive relationships at work and addressing workplace challenges.

The way you think, feel, move, listen and talk will be transformed; enabling you to be effective in solving conflicts.

Built for those who work in a multicultural, multilingual, and multi-worldview environments in which excellence and thoroughness play crucial roles.

We will work our way up five levels of communication: mind & emotions, nonverbal communication, listening, framing and responding.

You will receive and apply specially designed tools to manage challenges in a rewarding way. The continuous feedback you receive will boost your transformation.

Furthermore we will create a personalized and tailored action plan to suit your needs.

**Prep work:** A quick questionnaire **Group size:** From 6 to 9 participants

Languages: English, Spanish and Portuguese



Understanding what makes people get along has always been a passion of mine. This led me not only to work with people in extreme life circumstances, such as prisoners and terminal patients, but also to complete a master's in Conflict Resolution. Life is also a great teacher, and I have lovingly learned many valuable lessons about resolving conflicts through my interactions with my young daughter, Irene. Throughout these experiences, I could not help but notice the universal truths that motivate people to get along. I utilize these truths to increase team effectiveness and personal wellbeing for people and companies.

I am a communication coach at IESE Business School. I also offer effective teamplaying workshops, leadership coaching, keynote speeches, and event facilitation in English, Spanish and Portuguese to international brands including; eBay, Henkel, HP, King and PayPal.

More at tobiasrodrigues.com.

When solutions are not the best, when teams do not deliver all that we expect, that's when Tobias comes in. A new language, a new approach for the leaders of today and tomorrow.

Roberto Medeiros
NAV Air Traffic Control Supv.

A mental spa with a long term scent of self awareness and empowerment. An unconventional approach that reminds us of the potential we have to be a better individual and leader.

Winkie Choi eBay Board Member The most talented trainer I've worked with. What impresses me most is his relentless desire to drive team and personal effectiveness even if the conversations are deeply challenging.

Leila Araghi KING HR Portfolio Manager